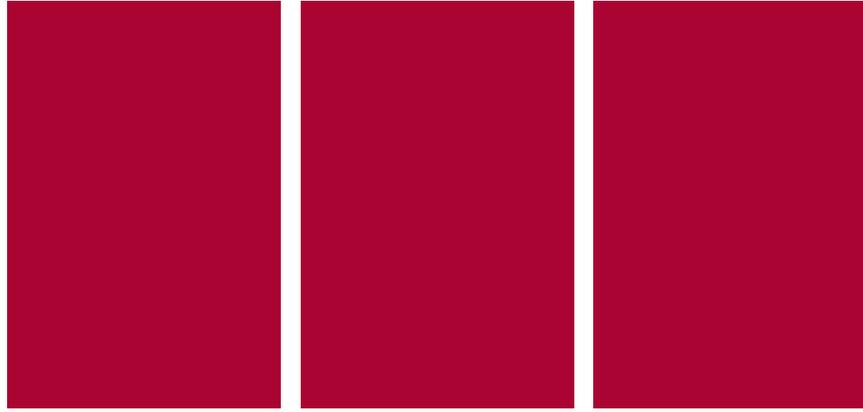


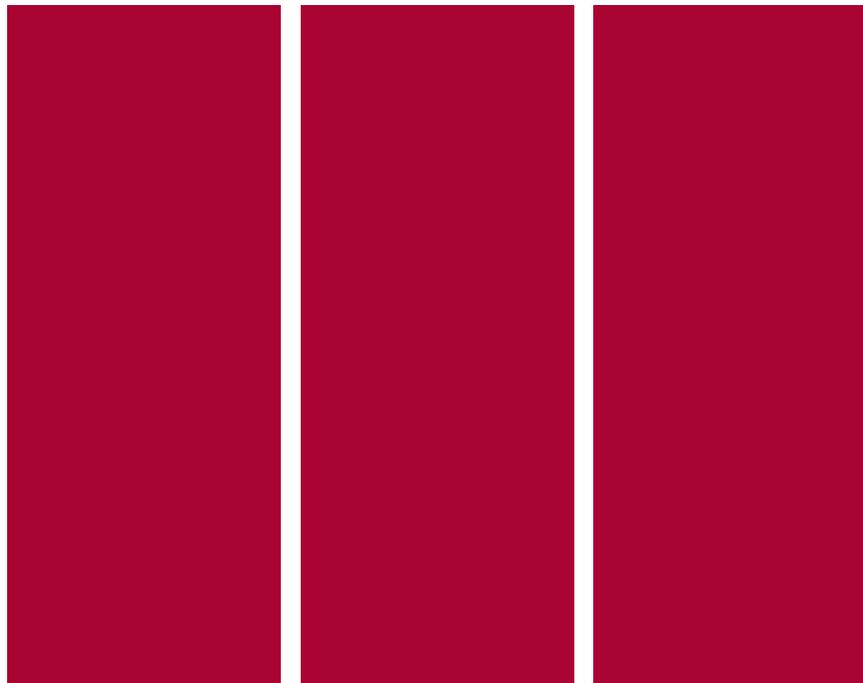


EXCHANGE

THE NATIONAL EXCHANGE CLUB



Americanism Projects



Program of Service

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INTRODUCTION

The tumultuous struggles of world powers in the twentieth century have done little to guarantee a peaceful future for the majority of the world's people. However, there's one country in modern times that people flock to for safety, freedom and opportunity — the United States of America. It is hard for Americans to imagine the horrors of modern struggles over religious and ethnic differences, the very differences we embrace.

Exchange's Americanism programs were born in the aftermath of World War II. At that time, patriotism was unquenchable, and Exchangites joined veterans and other civic groups in heralding the rich blessings of democracy. In 1949, dedicated Exchangites founded the Freedom Shrine project. This collection of historic document replicas is the most educational of Americanism projects and an overpowering visual illustration of democracy at work. Milestones of Freedom was adopted in 1972 to ensure that the enriching documents of the Freedom Shrine are read and appreciated by school children, the future leaders of our country. Exchangites celebrate May as Freedom Shrine Month.

In 1964, Exchangites adopted the One Nation Under God program. November marks this month-long celebration of the precious freedom Americans have to worship as they choose. One Nation Under God programs complement Veteran's Day well, and members are encouraged to include veterans in the events.

In 1976, during the 200th anniversary of the world's most successful democracy, Exchangites founded the Proudly We Hail program. This is a grass-roots effort to recognize community members and businesses who proudly fly the

American flag on a regular basis. Recipients are awarded the Proudly We Hail plaque to display in their homes or businesses.

In January of 1981, Project GiveAKidAFlagToWave was spearheaded. This is a concerted effort to educate the public hundreds at a time by distributing Exchange's hallmark flag brochure along with miniature American flags. The project is intended for parades and other events where crowds assemble.

The 1990s were marked by a disturbing trend of low voter turnout. Voting gives every citizen the opportunity to monitor the actions of elected officials and determine how local tax dollars are spent. Yet half of Americans were not participating in the democratic process. The Get Out the Vote Program was established in 1996 to combat this trend. With this program exchange clubs can provide more convenient opportunities for voters to register, thereby encouraging more citizens to vote.

There are no guarantees for the future of our democracy or the stability of our world. As in the past, it will take hard work and dedication to protect the freedoms we cherish. Education is the key. Exchange leaders take the task of public education seriously, and hope your club will do the same.

Freedom Shrine Documents

1620	The Mayflower Compact [^]
1776	The Declaration of Independence – Jefferson’s Rough Draft*
1776	The Declaration of Independence [^]
1776	Benjamin Franklin’s Epitaph*
1778	Patrick Henry’s Instructions to George Rogers Clark*
1782	Washington’s Letter to Colonel Nicola [^]
1783	The Treaty of Paris* [^]
1787	The Northwest Ordinance* [^]
1787	Washington’s Copy of the Constitution*
1787	U. S. Constitution [^]
1789	Washington’s First Inaugural* [^]
1789	The Bill of Rights* [^]
1796	Washington’s Farewell [^]
1801	Jefferson’s First Inaugural [^]
1814	The Star Spangled Banner* [^]
1815	Jackson’s Letter Describing the Battle of New Orleans*
1823	The Monroe Doctrine* [^]
1863	The Emancipation Proclamation* [^]
1863	The Gettysburg Address* [^]
1865	Lincoln’s Second Inaugural [^]
1865	Lee’s Letter Accepting Washington College Presidency* [^]
1865	The Thirteenth Amendment [^]
1874	Account of the Proceedings of the Susan B. Anthony Trial [^]
1907	Theodore Roosevelt’s Letter on Cuba* [^]
1913	Wilson’s First Inaugural [^]
1920	The Nineteenth Amendment* [^]
1941	F.D.R.’s Four Freedoms Speech [^]
1943	Letter Naming Eisenhower Supreme Commander* [^]
1944	General McAuliffe’s “Christmas Message”* [^]
1945	German Instrument of Surrender, World War II* [^]
1945	Instrument of Surrender in the Pacific [^]
1961	J.F.K.’s “Ask Not ...” Speech [^]
1963	Martin Luther King Jr.’s “I Have a Dream” Speech [^]

*19-document Freedom Shrine

[^]28-document Freedom Shrine

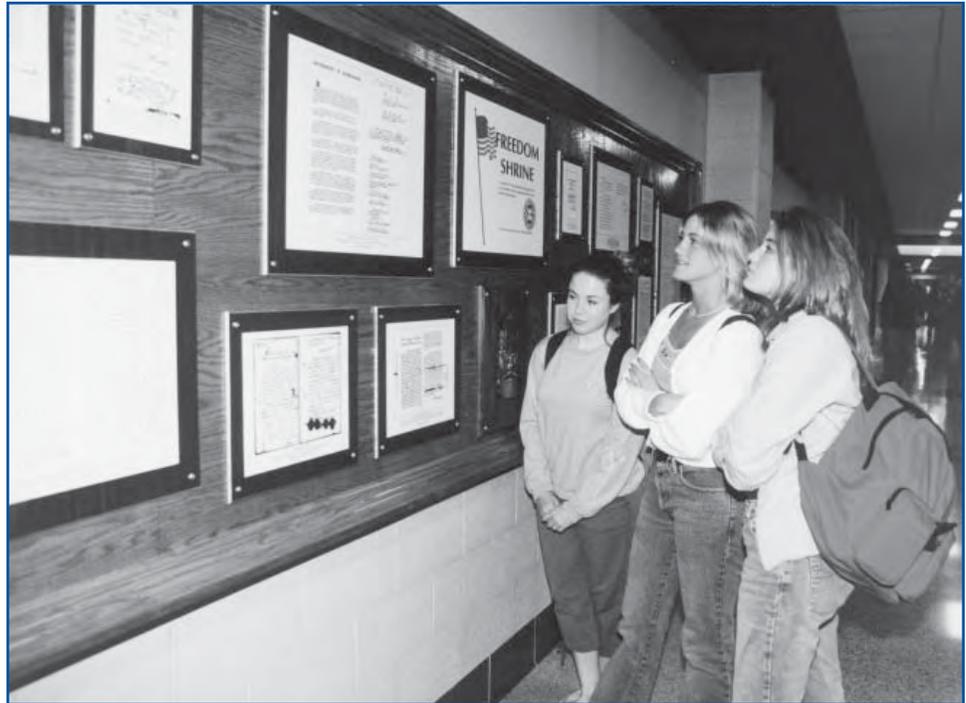
Purpose

Developed by the National Exchange Club, the Freedom Shrine originated from the Freedom Train that toured the nation in 1947 carrying an exhibit of historic documents. The purpose of the Freedom Shrine is twofold. It puts before young Americans proof that the freedom and greatness we enjoy today were not purchased easily and reminds them that these gifts must be cherished and protected. Painstakingly researched to guarantee absolute authenticity, the 28 historical American documents that comprise the Shrine were carefully chosen to exemplify the beginnings of our nation and those subsequent turning points of importance which shaped our national character and eminence. The documents of the Shrine, although culled from the past, represent foundation stones which permit the present, as we know it, to exist and the future, as we dream it, to be attainable.

Thousands of Shrines have been dedicated throughout the United States and Puerto Rico in universities, libraries, schools, state capitals, city halls and at American outposts scattered throughout the world.

The Shrine is a display of historical documents photographically reproduced from the originals and permanently laminated to individual non-warping plaques. It is used by teachers, students, study groups and other clubs to further study American history. Exchange prints a study tool called the Freedom Shrine Documents Textbook which contains the texts of the documents of the Shrine. It can be used to inspire essay and speech contests, and to prepare for the Milestones of Freedom quiz. For more information on Freedom Shrines, request a free kit from your National Headquarters.

“The heritage of the past is the seed that brings forth the harvest of the future.”



Students look over a Freedom Shrine dedicated by the Exchange Club of Gettysburg, PA. While Freedom Shrines can be dedicated or rededicated at any time of the year, Exchangites officially recognize May as Freedom Shrine Month.

Cosponsorship

Although the Shrine is an exclusive project of Exchange Clubs, they could not have accomplished the task alone. Hundreds of businesses, industries and private individuals have provided financial assistance. They have helped to buttress the foundation stones of America by planting the seeds of our heritage in young minds to ensure a rich harvest of citizenship in the future.

The Shrine is a beneficial community relations project. It provides a company with an opportunity to present a community with a gift of value and prestige. A cosponsor shares the spotlight of public attention during the ceremonial dedication of the Shrine. The name of the cosponsor can be permanently displayed with the Shrine on a bronze plaque.

For more information on how to secure cosponsors in your community, refer to the publication titled “An American Partnership: The Freedom Shrine Cosponsorship Program,” that is included in the Freedom Shrine kit.

Milestones of Freedom

The Milestones of Freedom Quiz is a great program to implement after your club has dedicated or rededicated a Freedom Shrine in your community.

The set of 50 multiple choice questions is based on Freedom Shrine documents. There is no cost to the students, parents or schools. Youth receive a book entitled “The Freedom Shrine Documents Text Book” which contains the printed texts of all of the 28 historic American documents displayed on the Freedom Shrine and, in some cases, the entire texts of some documents which are only partially displayed. The book is theirs to keep.

Each student takes the Milestones of Freedom Quiz and then Exchangites grade them. The winners can be recognized at your next club meeting. Prizes of a liberty bell medallion (sold by the Supply Department) or a U.S. savings bond can be awarded to the winners.

Purpose

The One Nation Under God project was adopted on July 30, 1964, by Exchange leaders seeking to heighten awareness of our rich religious heritage. November, observed nationally as One Nation Under God Month, is a special time of year when Exchangites join together to increase public appreciation of the important roles religious faith and freedom have played in our nation's history. This publication contains a variety of simple but effective project ideas that will enable your Exchange Club to help remind all Americans of our religious freedoms. Also keep in mind that although November is One Nation Under God Month, these suggested projects can be equally effective at any time of the year.

The aims of the program are to:

- Build greater respect for the Pledge of Allegiance;
- Promote increased use of the Pledge in schools and at public gatherings;
- Combat all efforts to remove the words "under God" from the Pledge;
- Encourage and promote religious services by local churches on Thanksgiving Day or Thanksgiving eve;
- Promote attendance at such services to members and nonmembers alike;
- Prayerfully thank God for the blessings of liberty bestowed on America.

Prayer Breakfasts

Host interfaith prayer breakfasts for the entire community or targeted segments of the community, such as employees of key businesses, professionals in a particular field, a local civic group or church, or geographic sectors of an urban area.

When publicizing the event, include the price per meal. Be sure the price covers the cost of the meal and gratuity, plus other costs such as an honorarium to the speaker.

Consider the size of the crowd when securing a location for the prayer breakfast. A hotel conference room or banquet hall facilities will be required for a large number of guests. For smaller crowds, seek a school gym or a church dining hall. Boy or Girl Scouts may be utilized as table helpers in return for a contribution to their troop funds.

Instruct the keynote speaker to talk about One Nation Under God, and invite a clergy member to give the invocation. Ask an Exchangite to lead the Pledge of Allegiance, preceded by a brief statement of the program's purpose. You may want to include suitable readings, a greeting by a local government official, and music.

NONDENOMINATIONAL INVOCATIONS

Use the inter faith prayers that follow on table tents or in a printed program. These prayers are nondenominational because Exchange is comprised of members from a wide range of faiths. A nondenominational prayer is one that gives no referral to beliefs of specific religions.

Accept our thanks for this day and all its blessings. Guide and direct our club, its leaders and our actions. Grant that each of us may feel our responsibility to Exchange, to our community and to our country, one nation under God. Bless our fellowship today, and bless this food to the nourishment of our bodies.

As we gather here today as members of Exchange, we pray that we are ever mindful of opportunities to render our service to fellow citizens and to our community. Keeping in mind always the enduring values of life, exerting our efforts in those areas and on those things upon which future generations can build with confidence. Let us continue to strive to make a better world.

We are thankful for this day that you have given us, for its blessings, its opportunities, its challenges. May we appreciate and use each day that comes to us. We pray for strength and guidance for each day as it comes, for each day's duties, for each day's problems. May we be challenged to give our best always and may we be assured of your presence with us.

PRAYER BREAKFAST SUGGESTED AGENDA

Club President, chairperson of One Nation Under God committee, or other Exchangite acts as master of ceremonies.

1. Inter faith invocation by clergy.
2. Pledge of Allegiance led by an Exchangite who should precede it with a very brief statement of the objectives of the One Nation Under God program.
3. Introduction of the head table and other distinguished guests by master of ceremonies.
4. Breakfast.
5. Greeting by mayor or other high ranking official.
6. Principal speech — inspirational message preferably by experienced lay speaker using One Nation Under God as subject.
7. Non-denominational benediction by clergy.
8. Recessional music — “God Bless America” by soloist or choir.

Distribute Flag Brochures

Use Exchange’s One Nation Under God flag brochure to educate the public on the history of the American flag. The brochure explains how to handle the flag with care and display it properly. It also describes the origins of the Pledge of Allegiance and contains little known facts. This brochure may be the only education citizens young and old receive about the American flag. Distribute bundles to local schools, scout troops, church and community youth groups, retail stores, pharmacies, libraries, etc. One Nation Under God educational brochures may be purchased through the Supply Department at National Headquarters.

Essay, Poster and Speaking Contests

Sponsor One Nation Under God essay, poster and speaking contests in local schools. Meet with school officials, explain the project’s purpose and ask them to participate. Ask the school’s teachers to help you plan and implement the project and judge the entries.

Once winners have been selected, invite them (and their teachers) to a club meeting and present them with special awards. (See the Supply Catalog, available from your National Headquarters, for award suggestions.) At the meeting, the winners can display their posters, read their winning essays or present their speeches. In addition, make arrangements to have the local post office, restaurants, etc. display the children’s work. Arrange for the winners to deliver their speeches at the meetings of your city council, the local VFW chapter, and other civic organizations.

What Else Can Exchangites Do?

- Sponsor assembly programs in schools on the tradition of religious freedom in the United States. Have a historian or member of the clergy speak.
- Sponsor a student contest to prepare posters and banners for public and private display.
- Deliver speeches in schools and at the meetings of various organizations.
- Place One Nation Under God advertisements in local newspapers, tabloids and magazines.
- Ask local retailers to hand out One Nation Under God flag brochures to customers who purchase United States flags or flag poles.
- Recognize those who fly the flag with our Proudly We Hail program.

Publicity

Publicize all of your efforts well in advance of the event. Sample press releases are printed in the Public Relations Resource, a free guide available from National Headquarters at (800-XCHANGE) or you can download it from the National web site at www.nationalexchangeclub.org. The press releases can also be downloaded from the Exchange Web site. Remember to always add details specific to your event, as well as a local contact person and telephone number. Press releases may be hand delivered, faxed or e-mailed to news rooms. Follow up with a phone call to ensure your release was routed to the appropriate editor or writer.

Purpose

No symbol inspires respect and love of country more than our American flag — the Stars and Stripes. That is why Exchange encourages all Americans to properly fly the flag as an ongoing, highly visible expression of that respect through the Proudly We Hail program.

Proudly We Hail honors those Americans who do display the nation's banner properly and regularly. Recognition is in the form of a beautiful plaque specially designed for this purpose.

First, a club must decide to adopt the program. Once this is done, one member is appointed chairperson of the Proudly We Hail selection committee and each and every member of the club is made a committee member. As committee members, Exchangites, during their travels throughout the community, keep a sharp eye out for residences and office buildings where the American flag is regularly flown. Then, record the name and address of the candidate and check to see if the flag is indeed flown every day. When this is established, the name is submitted to the committee chairperson. Each month, one or more candidates are invited to a regular meeting of the club where they are ceremoniously presented with a plaque to display in their home or office.

Proudly We Hail is easy and effective. It represents a splendid way for every Exchange Club to actively support Exchange's ongoing effort to encourage and promote American citizenship. And it provides a program in which every member is an active participant. Moreover, the program benefits both the community and the nation by enhancing and strengthening a national sense of patriotism and pride.

An Ongoing Activity

The success of the program depends on two factors — a commitment by the club to regularly present Proudly We Hail awards — and a vigorous effort to publicize these awards. Publicizing the awards not only brings additional honor to the recipients and provides examples for others to emulate, but it is also good publicity for local clubs and the National Exchange Club as a whole.

Promotion

All of the presentations should be photographed so that pictures are available for local newspapers and television stations. In addition, news releases should be prepared for radio stations and other media in the area. See the Public Relations Resource, available from your National Headquarters, for news release, proclamation and public service announcement samples. The photographs can also be used in a variety of other ways to help promote the program. For instance, they can be displayed in a public building or in the window of a cooperating merchant to give the program additional visibility. The club can also construct a display for use at local fairs or other community events.

Supporting Material

Proudly We Hail plaques may be purchased through the Supply Department at National Headquarters (800-XCHANGE). Below is an excerpt from the One Nation Under God flag brochure, which gives facts and tips about the American flag.

RESPECT FOR YOUR FLAG

It is customary to display the flag only from sunrise to sunset on buildings and stationary flagstaves, except during inclement weather. It may be displayed at night to produce a patriotic effect if proper lighting is provided.

Weather permitting, display the flag every day. Always hoist the flag briskly, and lower it ceremoniously. Flags should always be flown on national and state holidays and other days proclaimed by the United States President. When handling the flag:

- Never show disrespect to the flag.
- Never dip the flag to any person or thing.
- Never display the flag with the union down except as a signal of dire distress.
- Never allow the flag to touch anything beneath it.
- Never carry the flag horizontally.
- Never use the flag as drapery nor to receive, hold, carry or deliver anything.
- Never place anything on the flag nor attach any mark, insignia, letter, word, figure, design, picture or drawing to it.
- Never embroider the flag on cushions, handkerchiefs and the like, nor should one print it on objects intended for temporary use and then discarded.
- Never throw away a flag. Badly worn flags should be destroyed in a dignified way, preferably by private burning.

GIVEAKIDAFLAGTOWAVE

Purpose

Just as its title suggests, this popular project involves the distribution of small American flags to youngsters at parades, fairs, picnics, school events or other community happenings that generate large crowds. The flags are absolutely free to the children and can make a great souvenir of the occasion.

Developed by the Exchange Club of Galesburg, Ill., the program can be implemented on any occasion which calls for a parade, i.e., Memorial Day, the Fourth of July, Labor Day, Veteran's Day, Thanksgiving, Christmas or New Year's Day. The sponsoring club, after first securing permission from the local authorities, distributes small 4" x 6" United States flags to children along the parade route.

This is an easily implemented and effective program designed to cultivate a deeper sense of patriotism and to heighten young American's appreciation and admiration for our country's flag. Flags with Exchange identification are available from the Supply Department in gross lots.

Capitalize on this opportunity to educate adults as well. As you hand a flag to a child, greet adults and hand them literature. Choose any number of Exchange's brochures, from American flag history to your own local club brochure.

Promotion

GiveAKidAFlagToWave should be recognized as not only a superb way to encourage respect for the flag, but also as an excellent way to promote Exchange within the community. The program must be coordinated with the parade organizers, and the actual distribution handled in a dignified manner. Also, the distribution vehicles, whether they be cars, trucks, boxes or baskets, should all be clearly marked with the name of the individual Exchange Club.

Another good idea is to make sure that the club gets proper credit for the flags in any parade program, newspaper, radio or television story. GiveAKidA-FlagToWave can not only become an institution in the community, but can become an attraction in itself, drawing more people to the events and adding extra color and excitement.



A member from the Exchange Club of Nashua, N.H., distributes American flags at the community's fair as part of Project GiveAKidAFlagToWave.

Double your public exposure by alerting the local media of your efforts. When you call local newspapers and radio and television stations, tell them to look for your press release. Sample press releases and valuable media relations strategies can be found in the Public Relations Resource. You can download the press releases from the National Exchange Club Web site at www.nationalexchangeclub.org.

The basic ingredients for making this program a success are a parade, flags and imagination. The parade is supplied by the community. The flags can be ordered from National Headquarters (800-XCHANGE). The imagination and initiative must come from the club.

Purpose

Americans are given the freedom of choice — to choose which candidate to elect or whether to vote at all. When compared to the number of eligible voters in America, those who actually vote is alarming. In 2004 approximately 60% of eligible voters cast their ballot. Unfortunately, only a handful of Americans exercise their right to vote and decide the leadership and direction of our country.

Adopted in 1996, the Get Out the Vote (GOTV) Program educates and encourages American citizens to register and vote in political elections.

The month of September has been designated as Voter Registration Month. This is an excellent time to kick-off your GOTV campaign, which has two objectives. The first is to organize a month-long voter registration drive project. The second is to organize election day voter services, including transportation for voters, child care, staffing polls and general education.

Target Areas

Careful consideration and planning must go into determining target areas. Generally, areas that need the most assistance are those with concentrations of lower-income people and the elderly. The list of possible target areas or groups is as limitless as your imagination. One good way to develop such a list is to have a brainstorming session with the Get Out the Vote committee. Consider the following:

- Can a deputy registrar be used and/or is registration by mail allowed in your state? Either one of these make your options much more flexible.
- What are the total resources available? A word of caution, when brainstorming, don't discount any idea until you are through listing them. What may at first seem to be an unworkable idea may be modified to fit your state's guidelines and available resources.

Once a target area has been determined, a time table for action must be developed. Helpful details are found in the GOTV handbook, available free from National Headquarters. You are urged to consult the handbook before undertaking a Get Out the Vote project, to ensure details are not neglected or overlooked.

Timetable

In order to help you develop a plan of action, here is a model timetable incorporating the various elements of the GOTV program. It is intended only as a guide for timing and priority.

Put everything on a timetable. The best way is to plan backwards from the election day. Envision where you want to be on that day, then think back through the steps required to get there.

Prior to Activity

60 days	Secure GOTV general chairperson and committee. Study election laws.
50 days	Plan specific programs such as voter registration.
45 days	Conduct targeting process.
40 days	Secure absentee voting chairperson.
30 days	Begin absentee program.
28 days	Locate general and area headquarters.
26 days	Begin preparing materials.
20 days	Begin preparing mailing.
16 days	Assign personnel.
10 days	Send GOTV mailing.
7 days	Conduct training session.
5 days	Begin phone campaign.
Day of	Carry out election day activities.

Supporting Material

Request free Get Out the Vote materials from your National Headquarters (800-XCHANGE) for all the necessary information available to carry out this project, including a guide, fact sheet and sample publicity materials.

Public Relations

Consider using promotional items such as flyers, stuffers, postcards, posters, fact sheets, news releases, e-mails, meetings, radio and television spots, newspaper ads, editorials, phone calls, door-to-door canvassing, booths, mobile vans, merchant signs, and billboards.

- Begin publicizing your efforts prior to September.
- Write news releases and submit them to newspapers and radio and television stations.
- Write and submit public service announcements to local radio stations in 10, 20, 30 and 60 second lengths.
- Seek a mayoral proclamation by submitting an application to the city administration office.
- Prepare inserts for monthly statements sent by local utility companies, banks and creditors.
- Prepare flyers to be inserted into shopping bags by sales associates at local stores.
- Prepare displays for grocery stores and other high traffic areas.
- Produce the following publicity items: posters, billboards, bumper stickers, lapel buttons, window stickers. (It is suggested that you not include a date on these items so they may be utilized in subsequent years.)
- Find more ideas in the GOTV handbook, available free from National Headquarters.

In your hands, my fellow citizens, more than mine, will rest the final success or failure of our course. Since this country was founded, each generation of Americans has been summoned to give testimony to its national loyalty. The graves of young Americans who answered the call to service surround the globe.

Now the trumpet summons us again — not as a call to bear arms, though arms we need — not as a call to battle, though embattled we are — but a call to bear the burden of a long twilight struggle year in and year out, “rejoicing in hope, patient in tribulation” — a struggle against the common enemies of man: tyranny, poverty, disease and war itself.

Can we forge against these enemies a grand and global alliance, north and south, east and west, that can assure a more fruitful life for all mankind? Will you join in that historic effort?

In the long history of the world, only a few generations have been granted the role of defending freedom in its hour of maximum danger. I do not shrink from this responsibility — I welcome it. I do not believe that any of us would exchange places with any other people or any other generation. The energy, the faith, the devotion which we bring to this endeavor will light our country and all who serve it — and the glow from that fire can truly light the world.

And so, my fellow Americans: ask not what your country can do for you — ask what you can do for your country.

John F. Kennedy
1/20/61

OTHER AMERICANISM PROJECT IDEAS

- Have a speaker from a local American Legion chapter speak about Veteran's Day, Flag Day, Independence Day, Memorial Day, the American flag, constitutional amendments, or other Americanism topic.
- Ask a local recruiter to speak at a club meeting about his or her experiences in the service and why it's great to be an American.
- Adopt-a-Unit or service person overseas by sending correspondence and care packages or adopt the family of a service person by providing special activities and holiday treats.
- Go to a veterans' home and visit with the residents. Bring snacks and pass out small flags as tokens of appreciation for their service.
- Hold a patriotism essay or speech contest. Have the winner read the essay or speech at a special club meeting.
- Have an essay contest on "What the Freedom Shrine documents mean to me."
- Supply a local school's history class with a Freedom Shrine document textbook. Ask the teacher to have each student (or a team of students) research one document, then give a report on that document along with reading it in class or at a school assembly. Have a local Exchange Club member be present.
- Help a local elementary/middle school make a collage with a line from each Freedom Shrine document. Quotes from the documents should be selected by students because they inspired them or define what freedom means to them. Students can give a brief presentation on why they selected their quote. Serve patriotic refreshments after the collages are assembled and displayed in a prominent place.
- Invite a former Peace Corps volunteer or study abroad participant to speak about how their experience affected their understanding and appreciation of America.
- Sponsor a Presidents Pageant in which students each "become" a U.S. president and explain their impact on the U.S.
- Hold a Freedom Shrine press conference at a local middle or high school. Send out news releases and invite the local media. Also invite the mayor and ask him or her to declare a week or the whole month of May as Freedom Shrine Week/Month.
- Partner with a local television station, newspaper or store to sponsor a patriotic coloring/drawing contest. Young children can color in a picture and older kids can create original art. Arrange to have winning entries published, shown on television or displayed in a local store or library. Savings bonds can be awarded as prizes.
- Collect old or worn flags from the community and conduct a proper flag-disposal ceremony.
- Hold a special flag-raising ceremony at your city hall or courthouse to raise awareness about the importance of displaying the flag. Try to get the mayor or another public official to give a brief statement. Or invite veterans' groups to speak about what the flag means to them. Distribute flag brochures to attendees.
- Support a Healing Field in your community, where an impressive number of full-sized U.S. flags are displayed in a large open outdoor space. These flags can represent the lives lost in September 11th Terrorist Attacks, veterans, children who have died at the hands of an abuser or other noteworthy causes. For more information visit: www.healingfield.org or call 866-375-FLAG (3524).



The National Exchange Club

Mission Statement

Exchange, America's Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its national project, the Prevention of Child Abuse.



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